

TENNIS FIJI

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TENNIS FIJI
COVID-19 PROTOCOLS
FOR SAFE RETURN-TO-PLAY
SEPTEMBER 2021 UPDATE

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Available documents

Tennis Fiji COVID-19 Preparedness Checklist for Tennis Facilities

Tennis Fiji COVID-19 Checklist for Health and Hygiene Measures

COVID-19 Checklist of Preparedness for Tennis Coaches

Tennis Player Register

Tennis Fiji COVID-19 Emergency Communication Plan

COVID-19 Emergency Contact List

Risk Assessment and Mitigation for Individuals Returning to Tennis after COVID-19 Infection

Tennis Fiji COVID-19 Risk Management Forms for Tennis Events

Tennis Fiji COVID-19 Risk Assessment Questionnaire for Tennis Players Participating in Competition

Last update: 11/10/2021

Part 1. Introduction

The COVID-19 pandemic is a rapidly evolving health issue, please make sure you regularly check and follow the advice issued by [the Government of Fiji and Ministry of Health and Medical Services](#). For other general information and advice please see [the World Health Organization's \(WHO\) dedicated COVID-19 webpage](#).

The purpose of this document is to identify the protocols by which **ALL** members of the tennis community must adhere to when participating in **ANY** tennis activities in **ANY** capacity across Fiji.

These protocols apply to:

- Tennis Fiji staff
- Tennis coaches
- Tennis players and athletes
- Tennis officials
- Tennis facilities
- Staff members at tennis facilities
- Parents
- Spectators
- Volunteers
- All other tennis stakeholders

The Ministry of Health and Medical Services has identified 3 different COVID-19 alert levels, identifying the severity of COVID-19 transmission in the community. Permitted tennis activities depend upon the current level identified by the Ministry of Health.

Table 1 identifies the tennis activities permitted by the Ministry of Health and Fiji National Sports Commission under each level. The Available Documents, listed above, provide facilities, coaches and community members with useful templates to aid in preparation and to comply with Tennis Fiji's COVID-19 protocols. Copies of these can be sent as separate documents by contacting **play@tennis.com.fj**

As of 11 OCTOBER 2021 Fiji is under **LEVEL C RESTRICTIONS.**

Table 1. Ministry of Health levels and permitted tennis activities

MINISTRY OF HEALTH LEVEL	Level A – Play Safe Stage (solo) - Wellness activities - Individual training	Level B – Opening Up Stage (limited group) -Non-contact sports -Non-contact training	Level C – All Good to Go Full Out (with key restrictions) -All sports and competition
TENNIS	Running/aerobic/agility training (solo), resistance training (solo), skills training (solo) — _e.g. serving only, hitting with ball machine	Full training on court, singles Facilities operate at 70% capacity	Full training and competition

This document is updated to comply with the framework provided the Fiji National Sports Commission to move to Level C Restrictions and commence tennis activities in a **LIMITED** capacity. This document will be updated as advice from the Ministry of Health and Medical Services and the Fiji National Sports Commission changes.

Part 2. Tennis Fiji COVID-19 General Protocols

The following protocols MUST be followed at all times while participating in tennis.

- 1. ALL eligible persons MUST be FULLY VACCINATED to participate in tennis activities (everyone OVER the age of 15) and proof must be carried at all times.**
2. Everyone must check-in and check-out using the QR Code or by signing the register.
3. CareFIJI application must be downloaded and switched on at all times.
4. Temperature will be taken on entry.
5. Hands must be sanitised on entry.
6. Both **DOUBLES AND SINGLES PRACTICE** are now permitted.
7. Both **GROUP AND PRIVATE COACHING** are now permitted.
8. Please **BOOK** a court in advance.

Part 3. Regional Tennis Centre COVID-19 Protocols

The following protocols apply to the Regional Tennis Centre (RTC).

1. ALL eligible persons MUST BE FULLY VACCINATED to enter the RTC (everyone OVER the age of 15) and proof must be carried at all times.

2. Everyone must check-in and check-out using the QR Code or by signing the register.

3. CareFIJI application must be downloaded and switched on at all times.

4. Temperature will be taken and hands must be sanitised on entry.

5. RTC Opening Hours are 8am – 6pm, Monday – Friday, 8am-12pm, Saturday.

6. Please **BOOK** a court in advance by contacting Lai (968 3553/ 758 4398).

7. Both **DOUBLES AND SINGLES PRACTICE** are now permitted.

8. Both **GROUP AND PRIVATE COACHING** are now permitted.

9. TENNIS FIJI RESERVES THE RIGHT TO DENY ENTRY OR REMOVE ANYONE UNCOMPLIANT WITH THE COVID-19 PROTOCOLS.

Part 4. Tennis Fiji- Affiliated Coaches and Facilities

This section details the tennis clubs, facilities and coaches affiliated with Tennis Fiji. Tennis Fiji is liaising closely with all its coaches and facilities to ensure that the new COVID-19 protocols are clear, understood and are being followed at all times. Table 2 identifies all affiliated tennis facilities and clubs and their location.

Table 2. Tennis Fiji affiliated facilities/clubs and location

TENNIS FACILITY/ CLUB	LOCATION
Denarau Golf and Racquet Club	Denarau Island
Northern Club	Lautoka
Regional Tennis Centre	Lautoka
Nadi Sports and Social Club	Nadi
Tanoa Apartment Courts	Nadi
Pathik Crescent Tennis Club	Suva
Suva Lawn Tennis Club (Albert Park)	Suva
University of the South Pacific Tennis Courts	Suva
Victoria Tennis and Squash Courts	Suva

Tennis Fiji is working with its coaches to ensure that they have the correct information to circulate with their students and players and to identify the roles that coaches must play in maintain COVID-19 protocols while coaching. Table 3 lists the Tennis Fiji-affiliated coaches and their respective coaching locations.

Table 3. Tennis Fiji-affiliated coaches and locations

COACH	COACHING LOCATION
BENJAMIN, Charlie	Suva
BIU, Vasiti	Lautoka
BOILA, Lemeki Ledula	Lautoka
COFFIN, Ruby	Lautoka
DUTT, Aaron Vinek	Lautoka
KAMOE, Tarani	Suva
KUMAR, Krishneel	Nadi/ Lautoka
KUMAR, Vienna	Nadi/ Lautoka
LAL, Amit Sumit	Suva
LAL, Dinesh	Suva
LALAVANUA, Sereima	Nadi/ Lautoka
MAILTOROK, Andrew	Suva
NAIDU, Munish	Nadi/ Lautoka
QIOLEVU, Laisiasa	Lautoka
RAJU, Krishan	Nadi/ Lautoka
REDDY, Sachin	Nadi/ Lautoka
SHANNON, Annie	Suva

SINGH, Raynal	Nadi/ Lautoka
SONEWA, Ben	Nadi/ Lautoka
YU, Ruopeng (Roy)	Nadi/ Lautoka

Part 5. Tennis Fiji COVID-19 Detailed Protocols

This section identifies the specific protocols that have outlined for recommencing tennis activities in Fiji. In June 2020, Tennis Fiji received the Safe Sports Fiji Certificate from the Ministry of Sport and Youth and the Ministry of Health and Medical Services. These protocols have been updated on **11 October 2021** to reflect the new COVID-19 requirements.

Please carefully read and follow the below guidelines while you play tennis. These protocols are being shared via Tennis Fiji's social media networks, emails and between coaches and their private students and facilities and their members.

You must stay at home if:

- You have received a positive COVID-19 test result in the last 14 days
- You have been overseas or in contact with someone with COVID-19 within the last 14 days
- You have **any** flu-like symptoms (sore throat, coughing, sneezing, runny nose, fever, shortness of breath).

This guide has been created based on COVID-19 Return-to-Play framework required by the Ministry of Health and Medical Services, the Fiji National Sports Commission and using advice from the WHO.

This guide will be reviewed, updated as circumstances evolve and changes will be communicated.

5.1 Engaging in tennis activities

Before engaging in any tennis related activities you MUST:

- **Be FULLY vaccinated (two doses) and have PROOF of your vaccination status (EVERYONE OVER 15-YEARS OF AGE)**
- **Participants UNDER the age of 15 will be required to have proof of vaccination when the Ministry of Health opens vaccines for 12 – 15-year-olds**
- **Have the CareFIJI application downloaded with the Bluetooth switched on at ALL times**
- Sign-in and out of the tennis facility on the CareFIJI application using the provided QR code **OR** sign the available contact tracing register
- **Have your temperature taken (must be 37.3 degrees Celsius or less)**
- Wear a mask at **ALL** times, except when playing tennis

- Practice social distancing (keep 2 metres distance from other people) when entering, moving around and leaving tennis facilities

5.2 Organizing general activities and coaching

- All players **MUST** call ahead to reserve a court or practice walls for play
- Try to arrive as close to your allocated reservation as possible
- **Both singles and doubles practice are now permitted. As is group coaching.**

5.3 Organizing events

- **NO** tennis events or competition will be allowed until further notice.

5.4 Tennis facility environment

Providing a clean environment to play tennis in is essential. Facilities must:

- **Clearly display CareFIJI check-in and check-out QR codes at every entrance**
- Provide a device to check all participants temperatures on entrance to facility
- Provide soap and water, hand-sanitiser, or wipes at all main entry points and bathrooms
- Clean all surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and tables, at least once every day while wearing disposable gloves
- Clean any surfaces which may have blood, bodily fluids and/or secretions or excretions on them
- Regularly remind and encourage everyone, particularly juniors, of the need to wash hands regularly and general good hygiene practices
- Display signage on handwashing and hygiene practices at strategic points such as all sinks, eating areas, entry and exit points, drinking areas and on the side of court
- During court opening hours, leave gates open to avoid players touching handles to enter
- All tennis courts and facilities are closed for socializing
- Players must not socialize at courts before or after tennis practice
- Outdoor venues may now operate at full capacity. Indoor venues must adhere to 80% capacity.

5.5 Behaviours

You must follow the below points when engaging in all tennis-related activities:

- **HAVE PROOF OF YOUR VACCINATION STATUS AT ALL TIMES**
- **Check-in and check-out of the venue using the provided QR codes**
- **Stay home if you are sick**
- Everyone **must wear a mask**, when entering, moving around and leaving the tennis facility. You may remove your mask to play tennis
- Wash your hands with soap and water or alcohol-based sterilizer before and after playing

- Frequently wash your hands with soap and water or alcohol-based sterilizer, especially after using the toilet or coughing or sneezing into your hands or before and after eating
- **DO NOT** share your water bottle, share drinking cups or drink directly from the tap
- Players must bring and use their own tennis equipment, **DO NOT SHARE** equipment, including racquets and sports towels
- If players change ends of the court, they must walk around opposite ends of the net in order to maintain social distancing
- Avoid touching your face
- Avoid touching surfaces unnecessarily
- Maintain a distance from anyone who is obviously unwell or sick
- Do **NOT** shake hands with or embrace the other player – you may “bump” racquets
- Cover any coughs and sneezes and dispose of any used tissues immediately

5.6 Sports equipment and personal protective equipment

- You **MUST** bring your own tennis equipment and personal protective equipment (PPE) to practice, training and any other kind of tennis activity. This includes tennis racquets, balls, face mask, towels, water bottles and any other equipment you need
- **DO NOT SHARE** equipment
- If equipment **MUST** be shared, all shared equipment **MUST** be wiped down using alcohol-based cleaning fluid
- It is recommended that coaches clean **ALL** equipment used after **EACH** private coaching sessions, and before engaging with a new student
- All players, coaches, officials, facility staff, Tennis Fiji staff, parents, general community members **MUST** bring and wear at all times an appropriate face mask, except for when playing tennis
- Facility staff should have access to disposable gloves for cleaning or engaging with others

5.7 Social distancing practices

Social distancing practices need to be followed at all times while playing tennis:

- Please stay at least 2 metres away from others when arriving, moving around and leaving the tennis courts and using washrooms and change rooms
- Please do not shake hands or embrace while playing tennis – you can “bump” racquets instead

Part 6. Roles and Responsibilities of Tennis Fiji, Affiliated Coaches and Facilities

This section details the roles and responsibilities of Tennis Fiji, Tennis Fiji-affiliated coaches, players and clubs and facilities.

6.1 Tennis Fiji

Tennis Fiji is the national federation responsible for all tennis-related development in the country. It is responsible for the following:

- **Ensuring FULL vaccination of coaches, RTC staff, Tennis Fiji staff and officials has been obtained and proof is carried at all times**
- **Ensuring that the RTC is compliant with COVID-19 regulations**
- Applying for and obtaining the Safe Sports Fiji accreditation in co-operation with the Fiji National Sports Commission, Fiji Sports Council, the Ministry of Youth and Sport and the Ministry of Health and Medical Services
- Creating, maintaining and updating the Tennis Fiji COVID-19 protocols in line with guidance from the Ministry of Health and Medical Services
- Communicating all protocols and requirements with **ALL** Tennis Fiji stakeholders, including staff, coaches, facility staff, technical officials, players, parents and general community members
- Providing education awareness programs on all COVID-19 tennis protocols to all staff, coaches, facility staff, technical officials and players
- Providing updated copies of the Tennis Fiji COVID-19 protocols to all Tennis Fiji-affiliated coaches and facilities and all other stakeholders and ensuring that the protocols are clearly displayed in facilities and on the Tennis Fiji social media communication platforms
- Completing regular checks on Tennis Fiji-affiliated coaches and facilities to ensure the protocols are being upheld
- Compiling and maintaining a secure vaccine database of all Tennis Fiji staff and executives and affiliated coaches, officials and players
- Confirming the vaccination status of coaches with their respective coaching venues
- Following up on any reports made of coaches, players, staff, facilities or community members who are not following protocols

6.2 Coaches

Tennis Fiji-affiliated coaches work in 9 different tennis facilities located in Denarau Island, Lautoka, Nadi and Suva. Coaches are responsible for the following:

- **Ensuring they are FULLY VACCINATED and proof is carried at all times**
- **Ensuring that their private students have been FULLY VACCINATED if they are over 15 years of age, before commencing training**

- **Following the protocols set out by Tennis Fiji and the facility or club where they coach**
- Ensuring that the appropriate number of students are on court at one time. **As of 11/10/21, group training is now permitted.**
- **Children between 12 – 15 years must be trained in “bubbles” until full vaccination**
- Ensuring that students put their masks on when leaving the tennis court
- Reminding their students to wash or sanitize their hands
- Reporting any tennis player, coaches or community members who are **not** following the COVID-19 protocols to **Tennis Fiji (play@tennis.com.fj)**

6.3 Tennis players

Tennis players are responsible to ensure their actions while engaging in any tennis activities keeps themselves and others safe. The following points apply to ALL players engaging in any tennis activities:

- **Ensuring FULL vaccination and proof is carried at all times (over 15-year-olds ONLY)**
- Signing in and out of the facility using the QR code
- Wearing a mask at all times, except for when playing tennis
- Only using one’s own equipment – no sharing!
- Washing hands regularly
- Following the permitted tennis activities as per guidance from the Ministry of Health and Medical services
- Following **ALL** Tennis Fiji’s and tennis facility COVID-19 protocols

6.4 Tennis facilities and clubs

There are 9 Tennis Fiji-affiliated facilities and clubs located across Denarau, Lautoka, Nadi and Suva. See Table 2 for the complete list. Facilities and clubs are responsible for the following:

- **Ensuring that all tennis players entering the facility show their proof of vaccination if they are OVER 15 YEARS OF AGE**
- **Applying for the facility QR code**
- Clearly displaying the QR code at all entries and exits of the facility
- Ensuring that all tennis stakeholders entering sign-in and out of the facility
- Taking the temperature of all tennis stakeholders entering the facility
- Providing hand sanitizer or soap at entry and exit points and bathrooms
- Ensuring that masks are worn at **all** times in the facility, **except** for when engaging in tennis activities
- Clearly displaying the protocols provided by Tennis Fiji
- Reporting any tennis player, coaches or community members who are **not** following the COVID-19 protocols to **Tennis Fiji (play@tennis.com.fj)**